Semi - Permanent Make Up

List of possible contraindications, Client Advice and Pre treatment advice



SEMI-PERMANENT BEAUTY SOLUTIONS

Possible Medical Contraindications

Please ensure that you declare any of the following if they apply to you. For some of these circumstances you may be required to seek advice from your gp/medical specialist. This is in the interest of your utmost safety throughout the process.

l. Age:

You are under the age of 18 years.

2. Medical Conditions:

You have a history of keloid scarring.

You have uncontrolled diabetes.

You have uncontrolled High or Low Blood Pressure

You have Glaucoma (applies to eyeliner treatments)

You have a compromised immune system.

You have an active skin infections or an open wounds in the area.

You are undergoing chemotherapy or radiation therapy.(Must wait at least l year after chemo or radiation therapy)

You have haemophilia or other bleeding disorders.

You have an autoimmune disease (e.g., lupus, rheumatoid arthritis).

You have a blood disorder e.g Sickle cell anemia, haemophillia or a platelet disorder.

Please inform us beforehand as a doctor's advice/authorisation may be required.

3. Skin Type and Conditions:

You have sunburnt or sun-damaged skin in the area.

You have active eczema, psoriasis, or dermatitis on or around the area.

You have severe acne or acne-prone skin around the area to be treated.

You have a history of excessive scarring or keloid formation.

4. **Pregnancy and Breastfeeding:**

If you are currently pregnant or breastfeeding (due to hormonal changes and potential risks).

5, Certain Medications

If you are taking certain medications such as

Blood-Thinning Medications:

Anticoagulants such as Warfarin, Heparin, or Aspirin can increase the risk of bleeding during the procedure and slow down the healing process. This may result in excessive bleeding during the procedure or poor pigment retention after healing.

Retinoids

Topical retinoids can cause increased skin sensitivity and thinning of the skin. This may lead to more discomfort during the procedure and affect the retention of the pigment.

Immunosuppressants:

Medications that suppress the immune system can impact the body's ability to heal properly, which may affect the overall healing process of the permanent makeup.

Steroids:

Oral or topical steroids can also affect the healing process by reducing the body's natural inflammatory response. This can lead to slower healing and possibly affect the retention of the pigment.

Antibiotics

If you are currently taking antibiotics you should discuss this with your specialist, as some antibiotics may affect the skin's response to the procedure and may need to be avoided before or after the treatment.



.6, Skin Allergies and Sensitivities:

If you have a history of allergic reactions to pigments or other cosmetic ingredients. e.g Make-up, hair dye, or fake tan.

7. Skin Disorders:

If you have skin disorders or a condition that may interfere with the healing process.. e.g raised bumps that are white or red, rash that is itchy or painful, Scaly or rough skin, peeling skin, ulcers, opebn sores or lesions, discoloured patches of skin, dry cracked skin, fleshy bumps such as warts or other skin growths.

8,. Healing Impairments:

If you have had slow-healing wounds or a history of difficulty healing after previous procedures.

9,. Unrealistic Expectations:

If you have body dysmorphia and extreme nervousness you are not recommended for this treatment due to the level of permanence and commitment involved, and the need for realistic expectations.

It is essential for clients to be mentally and emotionally prepared for the procedure to ensure a positive experience and satisfactory outcome.

10,. Skin Care Products:

If you are using retinol, chemical skin care products, AHAs (alpha hydroxy acids), niacinamide, or any products with lightening ingredients should wait 4 weeks since their last use before the procedure. These products can thin or sensitize the skin and may affect the procedure's outcome and healing process.



If you have any of the aforementioned contraindications or possess concerns regarding your eligibility for semi-permanent make-up treatments, it is imperative that you seek the opinion of a qualified medical professional or consult your GP for accurate and definitive advice.

On the day of your treatment, you will be required to complete a consent form in its entirety.

Concerning medication, it is crucial that you refrain from modifying any prescribed treatments without the prior consent of your GP, as their expert assessment is vital to ensuring your health and well-being during this procedure.

Patch tests will be conducted a minimum of 48 hours before the procedure, encompassing all substances that will be utilised during the treatment. While this practice significantly mitigates the risk of adverse reactions, it cannot categorically eliminate them. It is imperative that you declare any irritations or reactions that may have occurred prior to the treatment. Your diligence in this matter is essential to ensure a safe and effective procedure.

Should Rachel harbour any concerns regarding the integrity of the anticipated treatment outcomes, she unequivocally reserves the right to decline proceeding with the procedure, should she deem it necessary. This assertion safeguards her interests and ensures that her decision is fully informed and judicious.





<u>General Pre Treatment Advice</u>

- Due to potential swelling or redness in sensitive areas of delicate skin following your enhancement procedure, it is recommended that you refrain from making social plans on the same day. This precaution will help you manage any discomfort and allow for adequate recovery time before resuming regular activities.
- Refrain from consuming aspirin or anti-inflammatory medications, including ibuprofen, for a full 48 hours prior to your enhancement procedure. This guideline is essential for minimising the risk of bleeding and ensuring optimal healing outcomes.
- Keep alcohol to a minimum on the 2 days prior to your enhancement.
- Do not use 1% Retin A skincare products close to the area to before the procedure.
- Do not use AHA skincare products for at least 4 weeks prior to the procedure.
- Avoid professional chemical peels close to the procedure site at least 4 weeks prior to your enhancement.



<u>Eyebrow Enhancements</u>

- .Refrain from undergoing waxing or threading procedures a minimum of one week prior to your scheduled treatment.
- Abstain from IPL laser hair removal in the target area for no less than two weeks beforehand.
- Botox administration in the brow region should be avoided for at least four weeks prior to the treatment to ensure optimal results and minimise potential complications.

<u>Eyeliner Enhancement</u>

- Eyelash tinting or eyelash perming treatments should be carried out no less than 2 weeks prior to your procedure.
- Eyelash stimulating products should not be used for 4 weeks prior to your procedure.
- Artificial lashes should be removed before the procedure and not reapplied for at least 2 weeks post procedure.
- Do not wear contact lenses during or immediately after your procedure. It is not uncommon for the eyes to experience itchiness and fatigue post-procedure; additionally, there may be temporary pupil dilation if a numbing agent is administered in the surrounding area. For your safety, it is advisable to arrange for someone to drive you home.





<u>Lip Enhancement</u>

- If you have a documented history of cold sores (herpes simplex), it is imperative that you commence the use of anti-herpes medication, such as Zovirax ointment, readily available from your pharmacist. You should begin this preparation one week prior to your treatment and continue for one week afterwards, applying it frequently to effectively reduce the likelihood of an outbreak by approximately 50%. Moreover, oral antiviral medication can significantly mitigate the risk of outbreaks and is accessible via prescription from your general practitioner. It is essential to note that while micropigmentation itself does not induce cold sores, the herpes virus, if present in your system, remains dormant within the nervous system and may be provoked by the treatment process.
- In terms of procedural logistics, any IPL laser hair removal treatments performed around the mouth must be conducted no less than two weeks before your planned procedure.
- Similarly, any waxing and bleaching treatments should also be completed at least two weeks in advance.
- For those considering electrolysis, the same two-week pre-treatment timeline applies.
- Furthermore, any dermal filler injections in the lips must occur no less than two weeks prior to your lip blush enhancement. By adhering to these guidelines, you will optimise your treatment outcomes and minimise the risk of complications.